

RAW FILE

MAKING-VISIBLE

DR. MARISELA GOMEZ

WEDNESDAY, FEBRUARY 8, 2023

7-8 P.M.

>> Annie Mahon: HELLO, WELCOME.

>> Adriana Arizpe Martin: HI.

>> Annie Mahon: GREAT TO SEE EVERYONE. WELCOME TO MAKING-VISIBLE THIS EVENING. HOPE YOU ARE HAVING A NICE EVENING.

>> THANK YOU FOR BEING HERE TONIGHT. WE ARE SO HAPPY TO HAVE YOU ALL HERE. WE WILL GET STARTED IN A COUPLE MINUTES. WE START BY IF YOU WOULD LOOK TO PUT YOUR NAME WHERE YOU ARE CALLING IN FROM, OR ANY INFORMATION ABOUT YOU WOULD LIKE US TO KNOW. YOU WOULD LIKE EVERYONE TO KNOW. YOU CAN PUT IT INTO THE CHAT.

>> Adriana Arizpe Martin: FOR ALL NEW TO THE SPACE, THIS IS MAKING-VISIBLE. A SPACE, PROJECT THAT -- THAT ANNIE AND MYSELF STARTED A FEW YEARS AGO. AND WE TRIED TO HAVE HERE THE CONVERSATIONS THAT WE THINK ARE IMPORTANT FOR US AS A SOCIETY TO -- SOCIETY TO BE HAVING AND TO MAKE THINGS VISIBLE, THINGS THAT WE, THINK WE ALL NEED TO SEE.

TOGETHER. AND THIS IS PART -- A PLACE WHERE WE ALL LEARN TOGETHER. THAT'S, THAT'S, THAT'S WHAT WE ALWAYS SAY. NOBODY IS HERE, WE ARE ALL LEARNING TOGETHER. THANK YOU SO MUCH FOR BEING PART OF THIS. WE ARE GOING TO START IN JUST A MINUTE. JUST WAITING FOR FOLKS TO ARRIVE.

>> THANK YOU, EVERYONE. WE WILL, WE HAVE --

CLOSED-CAPTIONING. AND IF YOU WANT TO -- TO HAVE THAT -- YOU HAVE TO GO TO THE BOTTOM OF YOUR SCREEN AND JUST SELECT, SHOW CAPTIONS. AND THANK YOU SO MUCH, DON, FOR DOING THIS FOR, THIS SPACE. WE ARE SO GRATEFUL TO HAVE YOU.

>> YES, DON HAS BEEN LIVE CAPTIONING FOR US FOR SEVERAL YEARS, REALLY APPRECIATE IT. PLEASE IF YOU WOULD LIKE, JUST TURN IT ON, IT IS THERE FOR YOU. ALL RIGHT. SO -- YEAH, WELCOME TO EVERYONE WHO IS HERE. AND CHECK OUT THE CHAT AND SEE WHERE EVERYONE IS CALLING IN FROM. I SEE LOTS OF PEOPLE FROM ALL OVER. I LOVE THAT. IT'S GREAT. WE ARE REALLY EXCITED TO HAVE, MARISELA HERE WITH US TONIGHT. SO WE WILL START, AS WE NORMALLY DO.

WE START WITH THE BELL. AND, AS A -- IT IS A CHANCE FOR US TO SETTLE INTO THE EVENING, AND TO SETTLE OUR BODIES AND REALLY ARRIVE HERE IN THE MOMENT. AND, RIGHT AFTER THE BELL, THE THREE SOUNDS OF THE BELL -- ADRIANA WILL READ A

QUOTE FROM MARISELA, THEN I WILL INTRODUCE, MARISELA THEN,
WILL HAVE THE FLOOR, WE WILL GET TO HAVE THE MAXIMUM TIME
OF MARISELA, SO YOU DON'T HAVE TO HEAR US TOO MUCH.

>> Adriana Arizpe Martin: AND THIS SPACE IS CONCEIVED IN
THE --

IN MINDFULNESS TRADITION AND, THICH NHAT HANH, THAT'S WHY
WE ARE HAVING THE BELL, AND, AND THIS SPACE, TO READ AND TO
BE HERE. BUT NOT ALL OF YOU HAVE TO BE A PRACTITIONERS, IT
IS JUST A WAY TO BRING YOU TO THE SPACE, TO HAVE THE, THE
SPACE AGAIN, TO, TO, BREATHE AND BE HERE. THANK YOU.

>> Annie Mahon: GO AHEAD AND SETTLE IN, WHEREVER YOU ARE
SITTING OR STANDING OR LYING. JUST COMING HOME TO THIS
MOMENT TOGETHER.

(BELL TOLLS)

(BELL TOLLS)

(BELL TOLLS)

>> Adriana Arizpe Martin: THANK YOU, THANK YOU, ANNIE. SO
WE ARE GOING TO START READING A QUOTE. OF OUR SPEAKER,
MARISELA

GOMEZ. CHANGE REQUIRES COURAGE. THE COURAGE TO ACT WITH
LOVE IN A SOCIETY COLONIZED BY GREED AND HATRED OF THE
OTHER AND NONUNDERSTANDING OF OURSELVES. CHANGE REQUIRES

THE COURAGE TO WHACK UP AND BEGIN TO NOTICE WHAT IS
HAPPENING AROUND US, AND TO SEE HOW OUR DAILY ACTS
CONTRIBUTE OR NOT TO CHANGE. IF THE MAJORITY OF PEOPLE WERE
NOT CONDITIONED TO BELIEVE THAT COMMUNITIES RECEIVE MORE
AND BETTER RESOURCES THAN PEOPLE OF COLOR -- RECORDING IN
PROGRESS. WE WILL NOT HAVE THE SEGREGATION AND INEQUITY OF
RACE AND CLASS THAT STILL PERSISTS IN CITIES LIKE
BALTIMORE, ST. LOUIS, CHICAGO, D.C. AND BEYOND. COURAGE
REQUIRES THAT WE BELIEVE IN EVERY HUMAN BEING'S RIGHT TO
ACCESS WHAT THEY NEED TO LIVE A SAFE AND HEALTHY LIFE. AND
THIS REQUIRES THAT WE STAY WOKE. WITH THAT, ANNIE WILL
INTRODUCE --
MARISELA. AND THEN WE WILL HAVE THE -- THE FLOOR FOR HER.
THANK YOU.

>> Annie Mahon: ANNIE BOWING IN. SORRY ABOUT THE RECORDING
RIGHT IN THE MID OF YOUR THING. I DIDN'T KNOW IT WOULD MAKE
A LOUD SOUND. MY BAD. YES, I AM VERY EXCITED TO, WELCOME MY
FRIEND, DR. MARISELA GOMEZ, WHO I HAVE THE GREAT HONOR OF
BEING WITH THIS PAST SUMMER IN PLUM VILLAGE WHEN SHE
RECEIVED THE DHARMA LAMP. AND, DR. GOMEZ IS A COMMUNITY
ACTIVIST, AUTHOR, PUBLIC HEALTH PROFESSIONAL, A DHARMA
TEACHER IN THE TRADITION OF THICH NHAT HANH, AND PHYSICIAN

SCIENTIST. SHE RECEIVED A BS AND MS FROM THE UNIVERSITY OF NEW MEXICO IN ALBUQUERQUE, A PHD, MD, AND MPH FROM THE JOHNS HOPKINS UNIVERSITY. INCREDIBLE. SHE IS A MINDFULNESS PRACTITIONER WITH A FOCUS ON HEALING JUSTICE AS THE WAY OF EQUITY WORK. PAST AND CURRENT WRITINGS ADDRESS SOCIAL DETERMINANTS AND HEALTH, SOCIAL CAPITAL AND URBAN HEALTH, DISPARITIES IN MENTAL HEALTH CARE IN INCARCERATED POPULATIONS, DISPARITIES IN SUBSTANCE USE TREATMENT, MENTAL HEALTH CARE IN THE PRIMARY HEALTH CARE SETTING, COMMUNITY ORGANIZING AND DEVELOPMENT, AND MINDFULNESS PRACTICES IN ORGANIZING. AND I WILL PUT THAT IN THE CHAT IF YOU WANT TO LOOK AT. WE ARE SO HONORED. ALSO, THE FOUNDER AND ORGANIZER AT VILLAGE OF LOVE AND RESISTANCE, VOLAR, WHICH HOPEFULLY, MARISELA WILL MENTION TONIGHT IN HER TALK. THANK YOU SO MUCH. WELCOME, MARISELA.

>> Dr. Marisela Gomez: GOOD EVENING, EVERYONE. I AM SO HAPPY TO BE WITH YOU, I ALWAYS ENJOY PRESENTING IN A PLACE OR FORUM WHERE EVEN WHEN I AM TALKING ABOUT THE ORGANIZING WORK AND THE JUSTICE WORK I HAVE BEEN DOING FOR MANY YEARS AND THE RESEARCH THAT IT IS ACTUALLY A PLACE WHERE YOU GET TO BOW IN. UNFORTUNATELY THEY DON'T USUALLY COME TOGETHER. IT IS USUALLY ONE OR THE OTHER. SO THAT MAKES ME VERY

HAPPY. IN PREPARING THE POWERPOINT FOR TONIGHT. I WAS
LOOKING FORWARD TO IT. BECAUSE OF THAT. INTERSECTION. OF
MINDFULNESS AND JUSTICE WORK. EVEN THOUGH I HAVE PRESENTED
IN THE PAST IN DIFFERENT VENUES AND DIFFERENT PRACTICE
SPACES, ON THESE TWO -- THE WAY THE TWO COME TOGETHER, IT'S
THE FIRST TIME IN OUR TRADITION IN PLUM VILLAGE TRADITION
THAT, I HAVE BEEN INVITED TO DO SO. SO, YEAH, IT IS VERY
NICE THAT --

THAT, IN OUR TRADITION -- THERE ARE PLACES THAT ARE
BEGINNING TO SEE THAT --

AND THERE IS NO SEPARATION BETWEEN JUSTICE AND LOVE. YEAH.
IN ORDER TO DO SOMETHING DIFFERENT AND HAVE DIFFERENT
OUTCOMES WE REALLY WANT TO ENGAGE WITH BOTH IN A MEANINGFUL
WAY. THANK YOU, THANK YOU FOR SHOWING UP. YOU CAN BE DOING
MANY, MANY OTHER THINGS AND YOU ARE HERE. SO, I APPRECIATE
YOU. I WILL BE USING SLIDES --

I PREVIOUSLY THOUGHT THIS WAS LONGER, SO I HAVE SOME SLIDES
THAT I WILL PROBABLY GO THROUGH RATHER QUICKLY. AND, SO
THAT WE HAVE SOME TIME AT THE END FOR, FOR -- COMMENTS AND
QUESTIONS AND DISCUSSION. SO I WILL NOW --

AND YEAH. SO --

ALL RIGHT, SORRY, NOT SURE WHY WE JUMPED TO THIS. I WILL

TRY THAT AGAIN. IF THE WON'T LET ME ADVANCE SLIDES. ALL
RIGHT. SO, THE TITLE OF WHAT I WANT TO SHARE ABOUT, WHICH
IS JUST KIND OF A -- YOU KNOW, WAY TO KIND OF GUIDE US IN A
DIRECTION. IS EMERGING FROM THE ILLUSION OF SEPARATION --
MINDFUL RESISTANCE OF UNEVEN DEVELOPMENT IN BLACK AND BROWN
COMMUNITIES IN BALTIMORE. THIS HAS BEEN THE WORK OF MY --
BULK OF MY WORK IN, RESEARCH, ORGANIZING, PUBLIC HEALTH, IN
LOOKING HOW WE REBUILD COMMUNITIES THAT HAVE BEEN
HISTORICALLY MARGINALIZED. AND THOSE COMMUNITIES TEND TO BE
BLACK AND BROWN IN RURAL AREAS, THEY LOOK DIFFERENT. THEY,
THEY MAYBE --
NOT, NONBLACK AND BROWN. NONBIPOC. I'M NOT SPEAKING, IN THE
WORK I AM DOING --
AROUND --
INDIGENOUS POPULATIONS. ALTHOUGH THIS HISTORY OF
GENTRIFICATION AND EXPLOITATION CERTAINLY, AFFECTS THE,
INDIGENOUS FAMILIES. THE WORK I HAVE DONE HAS BEEN IN URBAN
AREAS. AND PARTICULARLY IN BALTIMORE CITY. SO THAT'S --
THAT'S THE CONTEXT OF EVERYTHING I SHARE. AND, AND I PUT
EMERGING BECAUSE --
THE EMERGING COMES FROM --
THE FACT THAT --

WE HAVE MERGED INTO THE ILLUSION OF SEPARATION. THIS IS USUALLY WHERE WE ARE. SO THE WORK AND THE PRACTICE IS ABOUT EMERGING FROM THAT, RIGHT. COMING AWAY FROM THAT. NOW THE WAY I SHARE INFORMATION, ESPECIALLY AROUND --

SOME OF THESE DIFFICULT THINGS AND HISTORY AND HOW WE MOVE OUT OF THIS INJUST HISTORY IS -- TO SHARE A SLIDE OF NATURE EVERY FOUR OR FIVE SLIDES OF THE, SAY THE CONTENT OF -- OF THE, THE TOPIC. AND, IT'S MY WAY OF --

BRINGING US BACK TO BREATH. SO THE FIRST TIME, MANY, MANY YEARS AGO, WHEN I STARTED PUBLICLY SPEAKING ABOUT GENTRIFICATION, AND DISPLACEMENT, OUT OF A PROJECT THAT I WAS INVOLVED IN IN EAST BALTIMORE WHERE MORE THAN 750 BLACK FAMILIES WERE DISPLACED JOHNS HOPKINS, WHAT I FOUND WAS I WOULD GET UPSET AND GET REALLY ANGRY. AS I WAS PRESECT. I WAS PART OF THAT MOVEMENT AGAINST IT. AND SO -- WHAT I STARTED TO DO, INCLUDE NATURE SLIDES. TO BRING MYSELF BACK TO THE BREATH, TO BRING MYSELF BACK SO I COULD SHARE FROM THE SPACE OF OPENNESS AND INSTEAD OF ANGER. AND THEN OAF THE YEARS, PEOPLE STARTED REPORTING TO ME THAT, IT HELPED THEM AS WELL. TO RECEIVE THE INFORMATION, TO STAY CONNECTED AND NOT DISASSOCIATE, TO NOT LEAVE BECAUSE IT WAS HARD STUFF. SO IT HAS JUST BECOME PART OF MY STYLE OF TEACHING.

AND, AND, WHAT MIGHT SAY YOUR PEDAGOGY IS TO INCLUDE SLIDES OF NATURE TO BRING US BACK, TO REGROUND, FIND PRESENT. I INVITE YOU WHEN YOU SEE THE SLIDE OF NATURE, IT WILL JUST POP UP, KIND OF LIKE A MINDFULNESS BELL. HOW WE DO IT. WHENEVER IT SHOWS UP. YOU STOP EVERYTHING AND BREATHE IN AND OUT. THIS IS GOING TO BE OUR MINDFULNESS BELL. ALL RIGHT, I'M NOT SURE. FOR SOME REASON, IT DOESN'T ALLOW ME TO ADVANCE, BEYOND THIS SLIDE. I WILL STOP SHARING AGAIN. AND SEE IF -- WE CAN. OKAY. THERE ARE --

THERE ARE THREE BIG FRAMING THAT, THAT I INVITE YOU TO KEEP IN MIND AS WE GO THROUGH THIS, THIS DISCUSSION TONIGHT. THICH NHAT HANH, PEACE IN OURSELVES, PEACE IN THE WORLD. MEANING IF WE CAN'T FIND IT IN OURSELVES, HOW ARE WE EVER GOING TO BE ABLE TO BRING IT INTO THE WORLD. ANOTHER IS BY DR. KING. THAT, TRUE PEACE IS NOT MERELY THE ABSENCE OF TENSION. IT IS A PRESENCE OF JUSTICE. AND THAT JUSTICE IS REALLY LOVE IN CALCULATION. JUSTICE IS LOVE, CORRECTING THAT WHICH REVOLTS AGAINST LOVE. AND, AUDRE

LOURDE, CARING FOR MYSELF IS NOT SELF-INDULGENCE, IT IS SELF PRESERVATION AND THAT IS AN ACT OF POLITICAL WARFARE. SO, I WANT YOU TO KEEP ALL OF THAT IN MIND, AS WE MOVE THROUGH -- THIS, THIS, THE CONTENT TONIGHT. SO, AS I WAS

SAYING EMERGING FROM THIS ILLUSION OF SEPARATION. SO, THIS IS A MAP OF BALTIMORE. MANY OF YOU MIGHT KNOW WHAT, RED LINING IS, ACTUALLY --

IF, IF THERE IS MORE TIME I WOULD INVITE SOME ONE TO SAY WHAT IT IS JUST IN THE INTEREST OF TIME. ACTUALLY -- IF SOME ONE WANTS TO UNMUTE THEMSELVES AND TO SHARE AND DON'T, PLEASE DON'T TAKE A WHOLE LOT OF TIME. JUST SHARE WHAT RED LINING IS. THAT WOULD BE AWESOME. HI, I DON'T REALLY FOE VERY WELL. I COULD GIVE IT A TRY. WHICH IS -- I THINK THAT --

THAT BANKS HAVE MADE SOME DECISION ABOUT, YOU KNOW WHAT, -- I THINK IT IS BASICALLY NEIGHBORHOODS THAT ARE SEEN AS, OKAY, THERE IS SOME ONE. IN THE CHAT.

>> THIS IS CYNTHIA, MY UNDERSTANDING OF RED LINING IS THAT IN ORDER TO, FOR --

WHITES TO CONTINUE TO KEEP THEIR NEIGHBORHOODS WHITE OR, GOVERNMENTS PERHAPS, WRITTEN INTO THE COVENANTS INTO DEEDS. OF PROPERTY -- WOULD BE --

CLAUSES THAT -- THAT THIS PROPERTY COULD NOT BE SOLD TO A PERSON. OF COLOR. AND, AND --

SO, IT WAS A WAY OF --

SEGREGATING POPULATIONS AND -- AND KEEPING NEIGHBORHOODS

WHITE -- IN KEEPING WEALTH -- WITH, WITH --
RELATED TO PROPERTY. LE IN THE WHITE COMMUNITY. AND --
AND PRIME PROPERTY. WHAT WAS CONSIDERED PRIME PROPERTY IN
THE HANDS OF THE MAJORITY POPULATION. MAJORITY WHITE
POPULATION. GREAT, SO THANK YOU, THANK YOU, BOTH OF YOU.
APPRECIATE IT. SO, WHAT --
WHAT YOU DESCRIBED IS -- IS, ACTUALLY, IF WE GET INTO THE
TERMS IT IS ACTUALLY BLOCK BUSTING. THE RECENT REAL ESTATE
COVENANTS USED AS PART OF MAINTAINING SEGREGATED WHITE
COMMUNITIES, RED LINING WAS ACTUALLY WHAT WAS INITIATED BY
THE FEDERAL GOVERNMENT, BANKING IN COLLABORATION. WHEN THE
UNITED STATES STARTED DECIDING TO LOAN MONEY FOR PEOPLE TO
PURCHASE HOUSES, LAND AND OFFER MORTGAGES. UP UNTIL THEN,
YOU HAD TO HAVE, HAD TO HAVE ASSET FUND TO ACTUALLY
PURCHASE PROPERTY. THEN IN THE 1950s. 1930s, ACTUALLY. THE
GOVERNMENT WAS DECIDED, THAT WE COULD HAVE MORTGAGES, WE
WOULD LOAN MONEY, BANGS COULD LOAN MONEY FOR PEOPLE TO
PURCHASE PROPERTY, RIGHT. AND SO -- THEN IT WAS, OKAY, WHO
ARE WE GOING TO LOAN THE MONIES TO. WHAT THEY DID WAS THEY
SURVEYED ALL OF THE CITIES IN THE COUNTRY AND THEY DREW THE
MAPS. SIMILAR TO WHAT YOU ARE SEEING. A 1930s, BALTIMORE
RED LINING MAP, RIGHT. THEY COLOR CODED THE NEIGHBORHOODS

OF WHERE PEOPLE LIVED. SO IN THE RED IS WHERE BLACK PEOPLE LIVE. AND SOME TIMES NEW IMMIGRANTS. THEN IT WENT OUT IN THE YELLOW, IT WAS THEN LIKE, SAY, MAYBE -- WHITE PEOPLE -- MAYBE, LOW-INCOME, MIDDLE-INCOME WHITE PEOPLE. THEN WENT OUT. THEN BLUE AND GREEN. AND GREEN WAS, THE FURTHEST AWAY FROM THE CITY CENTER. GREEN WAS DEFINITELY MAJORITY WHY WHITE. AND LAND HOLDERS. AND, AND WEALTHY PEOPLE -- WITH LOTS OF, LOTS OF MONEY. THEY USED THE MAPS. BANKS USED THE MAPS TO DETERMINE WHERE THEY COULD LOAN MONEY. IN THE AREAS THAT WERE RED THEY WOULD NEVER LEND MONEY. IN THE AREAS ARE WHERE BLACK PEOPLE LIVE. SO, WHAT THAT DID WAS CONTINUED THIS -- THIS WAY OF -- SEGREGATING AND MAKING SURE -- THAT, WHERE BLACK PEOPLE, THEY COULD NOT OWN THE LAND. RIGHT. SO, AGAIN IT WAS THIS CONTINUATION OF WEALTH BEGETTING WEALTH. MEANING PEOPLE WHO ALREADY HAD WEALTH, WERE THE ONES THAT WERE LOANED MONEY. AND THOSE WHO DIDN'T HAVE ANY, WERE NEVER GOING TO BE -- IN IT, ABLE TO HAVE ANY. IN A WAY TO PURCHASE LAND. WE KNOW WHAT LAND MEANS AS FAR AS THE UNITED STATES. SO, EVERY CITY IN AMERICA NOW PUBLICLY YOU CAN FIND YOUR RED LINE MAP OF EVERY CITY. SO THIS IS BALTIMORE'S RED LINE MAP. IN THE

LAST TEN YEARS, WE HAVE BEEN COMING TO JESUS IN THE SENSE
OF -- THE, THE HISTORIES BEING, BEING --
YOU KNOW, REALLY PRESENT, AS WHAT, HOW DID THIS COUNTRY
FORM? YOU KNOW, WHY IS IT THAT WE ARE TODAY THE WAY WE ARE.
HOW HAVE THE UNITED STATES POLICIES BROUGHT US TO THIS
PLACE. RED LINING IS ONE OF THE BIG POLICY OF THE COUNTRY.
THAT SHEPHERDED US TO BE IN THESE VERY SEGREGATED
NEIGHBORHOODS WHERE WE SEE A LOT OF THE DETERIORATION, A
LOT OF DISDESOLATION, BECOMING PRIME LAND FOR WHITE WEALTH
TO CONTINUE TO REPLICATE ITSELF BY BUYING LOW AND SELLING
HIGH. RIGHT. WHAT YOU SEE HERE IS THIS PERSON EMERGING FROM
THAT. IF YOU THINK A

>> Doctor Botsford: , IT REQUIRES A FRAGMENTED SELF TO,
TO -- BUILD A FRAGMENTED CITY OR COUNTRY. RIGHT. WE ONLY
DO --

WHAT WE FEEL OKAY INSIDE OF US. THAT'S WHY THE PEACE IN OUR
SELF. PEACE IN THE WORLD IS SO CRITICAL. BECAUSE IF WE
DON'T START TO FIND THAT PEACE INSIDE THERE IS NO WAY WE
CAN CREATE PEACE OUTSIDE. AND THAT'S KIND OF WHAT, THIS
EMERGING IS, RIGHT. CURRENTLY WE HAVE MERGED INTO THE
ILLUSION THAT, BECAUSE OF OUR SEPARATE, OWN SEPARATE
SELVES. RIGHT. SEPARATE SELF FROM ANOTHER. THAT WE BUILD

COUNTRIES AND CITIES THAT ARE SEPARATE, THAT, IS FEELS
OKAY, SEPARATING PEOPLE FROM EACH OTHER. WE ARE JUST DOING
WHAT WE, ALREADY, EMBODY. AND THAT REALLY, THIS ILLUSION OF
SEPARATION OF THE SEPARATE SELF, THIS IS ONE THAT WE HAVE
TO EMERGE, EMERGE FROM. THIS ILLUSION. UNTIL WE DO SO, WE
WILL CONTINUE TO BUILD COUNTRIES, AND, CITIES, THAT WILL
ALWAYS BE SEPARATE AND SEGREGATED. I SEE THE TRICK. IF I
STAY TOO LONG ON THE SLIDE. IT DOESN'T ALLOW ME TO ADVANCE
IT. DOESN'T ALLOW ME TO ADVANCE IT. MAKES ME HAVE TO GO IN
AND OUT AGAIN. WHAT WE WANT TO THEN DO IF WE ARE GOING TO
EMERGE FROM THIS ILLUSION OF SEPARATION AND BUILD SEPARATE
COMMUNITIES IS --

IS CHANGE IT, CHANGE HOW WE DO THIS.

WE HAVE TO TRACE THE HISTORY. AND WE HAVE TO ACT. RIGHT. WE
HAVE TO CORRECT THE INJUSTICE, OCCURRED. WE HAVE TO BUILD,
BUILD THE JUST ONES. RIGHT. BUILD THE JUST PLACES. AND,
PLACES AND SPACES. AND -- AS I SAID, CULTIVATE THAT SELF.
SO THIS IS A QUOTE, WHY DO WE INVESTIGATE HISTORY WHICH
REPEATS ITSELF? HE SAYS, INSTEAD OF TURNING AWAY FROM THE
UNWANTED CORRUPT THOUGHT, WORD, ACTION, ONE CONFRONTS IT
DIRECTLY AS AN OBJECT, SCRUTINIZES ITS FEATURES, AND
INVESTIGATES ITS SOURCE. WHEN THIS IS DONE, THE THOUGHT,

WORD, ACTION, QUIETS DOWN AND, EVENTUALLY, DISAPPEARS. FOR AN UNWHOLESOME THOUGHT IS LACK A THIEF. IT ONLY CREATES TROUBLE WHEN ITS OPERATION IS CONCEALED. WHEN PUT UNDER OPERATION IT BECOMES TAME. SO THAT'S WHY WE MUST LOOK AT THE HISTORY AND REVEAL IT FOR WHAT IT IS. NOT SO MUCH TO -- PENALIZE OR SHAME, OR, HOLD PEOPLE UP TO BLAME, OR ANYTHING LIKE THAT. IT IS SO, THAT WE, DON'T KEEP CONCEALING THIS -- THIS PATH OF INJUSTICE. SO, WE CAN REVEAL A PATH OF JUSTICE. RIGHT. IT'S TWO FOLD. SO THIS IS A TIME LINE. THAT, THAT ISN'T --

ISN'T COME TREAT. UNFORTUNATELY, THE, THE UNITED STATES RACIALIZED STRUCTURES AND SYSTEMS -- THAT HAVE --

EXPLICITLY, IMPLICITLY. EXPLOITED PEOPLE AND LAND IS LONG AND VAST. AND THIS IS A VERY ABBREVIATED ONE TO, TO GIVE US A CONTEXT THAT --

THAT THIS IS NOT, JUST ABOUT -- URBAN CITIES. THIS IS ABOUT, A WHOLE -- IT IS REALLY, REALLY, REALLY, IMPORTANT, FOR US TO GET THAT -- THAT, WE ARE INCULCATED IN A WHOLE SYSTEM THAT HAS, THE UNITED STATES STRUCTURES --

HAS ACTUALLY BUILT THE SEGREGATED COMMUNITIES THAT WE LIVE IN. RIGHT. NOT JUST ONE PERSON. ONE RICH GROUP. OR, OR ONE COMPANY. IT, IT IS -- POLICY OF THE UNITED NATIONS

GOVERNMENT. -- OF THE UNITED STATES GOVERNMENT, OVER AND OVER AGAIN IN COLLABORATION WITH, ELITE WEALTH. THAT HAS ACTUALLY -- DETERMINED HOW WE WILL BUILD COMMUNITIES AND CITIES. AND THEN THEREFORE, THE DEVASTATION THAT WE HAVE IN COMMUNITIES THAT LEAD TO THE KIND OF KILLING OF SOMEONE LIKE TYRE NICHOLS THIS LAST WEEK, GEORGE FLOYD IN 2020. WE HAVE ORCHESTRATED STRUCTURED COMMUNITIES THAT WILL, INEVITABLY, AND ALWAYS, RESULT IN THIS KIND OF VIOLENCE. UNTIL WE RESRAOEULT. UNTIL WE UNCOVER IT. UNTIL WE DO SOMETHING DIFFERENT. YOU SEE, SO, IT IS WHY IT IS IMPORTANT TO REALLY UNDERSTAND THAT WE LIVE IN A COUNTRY THAT HAS -- INITIATED, CONTAINED, MAINTAINED THESE STRUCTURES. THE CIRCLED ONES ARE THE ONES THAT PERTAIN MORE -- TO, TO -- WHAT I AM TALKING ABOUT. WHICH IS AN URBAN CITY AREAS, WHERE THE KIND OF REDEVELOPMENT HAS OCCURRED THAT RESULTS IN CITIES LOOK BALTIMORE -- LIKE CITIES LIKE BALTIMORE MR. THAT WE WILL TALK MORE ABOUT. RIGHT.

THE JIM CROW PERIOD. THE RED LINING THAT I TALKED ABOUT. IN 1930s. URBAN RENEWAL. NOT A GOVERNMENT POLICY. THAT ALLOWED FOR CONTINUED -- SEGREGATION AND -- AND -- MONEY BEING PUT SPECIFICALLY FOR WHITE COMMUNITIES AND NOT IN BLACK COMMUNITIES. AND THEN, IN THE 2,000, WHERE WE ARE LOOKING

NOW AT, GENTRIFICATION. WHICH IS JUST HAPPENING EVERYWHERE.
IN EVERY CITY. D.C. USED TO BE -- CHOCOLATE CITY, NOW CAFE
AU

LAIT CITY. AND CONTINUING TO CHANGE. I DID ATE AGAIN. NOT
SURE WHAT THE TIME LIMIT IS ON THESE. I DON'T KNOW IF IT
IS -- I DON'T KNOW IF IT IS EASIER FOR SOME ONE ELSE TO
SHARE, LET'S TRY. LET'S TAKE A BREATH, IN AND OUT. SO HERE
IS A, AN EXAMPLE OF JIM CROW LAWS AND COVENANTS. AND OF
COURSE --

FOR YOU FAMILIAR WITH THE HISTORY. JIM CROW AFFECTED EVERY
SECTOR OF SOCIETY. RIGHT, THE LEGAL AND ILLEGAL WAY TO
BASICALLY CONTINUE THE CIVIL WAR. EVEN THOUGH THE CIVIL WAR
ENDED. I CALL YOUR ATTENTION TO THE REAL ESTATE, THE REAL
ESTATE SECTOR AND, HOW JIM CROW AFFECTED IT. 32 STATES
ADOPTED, MODEL REAL ESTATE LICENSING ACTS THAT AUTHORIZE
STATE COMMISSIONS TO REVOKE THE LICENSE OF AGENTS WHO
VIOLATED THE NATIONAL ASSOCIATION OF REAL ESTATE CODE OF
ETHICS. WHICH FORBID REALTORS FROM INTRODUCING MEMBERS OF
ANY RACE, OR NATIONALITY, INTO NEIGHBORHOODS WHERE THEIR
PRESENCE WILL CLEARLY BE DETRIMENTAL TO PROPERTY VALUES. SO
THIS WAS IMMEDIATELY AFTER THE CIVIL WAR ENDED. SO WHAT WE
HAD WAS THIS, THESE, AGAIN THIS CONTINUATION, RIGHT. THIS

WAS THE, THIS WAS A NATIONAL ASSOCIATION OF REAL ESTATE.
THIS WAS THEIR CODE OF ETHICS. THIS IS WHAT THEY HAD TO
FOLLOW IN ORDER TO BE, ABLE TO, DO THEIR WORK. TO GET
LICENSURE. THEY HAD TO MAKE SURE THEY NEVER INTRODUCE THE,
THE FOLKS THAT WOULD BRING VALUE DOWN INTO THE
NEIGHBORHOOD. BALTIMORE CITY WAS PARTICULARLY TERRIBLE IN
RED LINING, JIM CROW. IN FACT THE CITY THAT, OTHER CITIES,
CAME TO STUDY. TO LEARN HOW TO BETTER, MAINTAIN SEGREGATION
OF WHITE NEIGHBORHOODS. RIGHT. OUR CITY COUNCIL. PASSED
LOSSES THAT, THAT, REALLY MADE SURE THAT WHITE, THAT
BLACK -- NEIGHBORS WERE NEVER INTRODUCED. BLOCK BUSTING,
DURING RED LINING AND JIM CROW AREA. REAL ESTATE COMPANIES
WOULD HIRE BLACK PEOPLE TO PAY THEM TO DRIVE AROUND IN A
CAR IN A WHITE NEIGHBORHOOD TO SCARE WHITE PEOPLE INTO
SELLING LOW SO TAT THEY COULD MAKE MONEY IN, IN RESELLING
HIGH. ALL OF THESE TACTICS THEY USE TO SCARE TO SCARE WHITE
PEOPLE IN ORDER TO LIVE A NEIGHBORHOOD WHEN THEY WERE READY
TO TURN THAT NEIGHBORHOOD OVER. SO THE WHOLE HISTORY OF THE
WAY WE ACTUALLY CREATED NEIGHBORHOODSMENT AND CONTINUE THIS
SEGREGATION. EVEN USING BLACK PEOPLE --
IN THE TOTE RAIMENT OF THEIR OWN SELVES. SO, RED LINING IN
THE 1930s. (DETRIMENT) THINK OF THAT TIME LINE. CONTINUED

IN THE -- IN THE SEGREGATION. AND THIS MAP YOU CAN SEE A LITTLE BIT MORE CLEARLY, THE WAY IT IS SEGREGATED. IN THE 1950s, 60s, URBAN RENEWAL. URBAN RENEWAL WHEN THE CITY, COUNTRY, U.S. GOVERNMENT, AGAIN, U.S. GOVERNMENT, SAID, OH, LOOK AT THESE DETERIORATED BLACK NEIGHBORHOODS IN OUR INNER CITIES. HOW DID THEY EVER COME TO BE LIKE THAT? THESE PEOPLE, THEY'RE SO DIRTY. MEANWHILE, THEY HAVE COMPLETELY UNDER RESOURCED THE NEIGHBORHOODS. THEY DON'T ALLOW MONEY FOR INDOOR PLUMBING. ONLY THE WHITE NEIGHBORHOODS HAVE INDOOR PLUMBING. THEY ALLOW THE BLACK NEIGHBORHOODS TO HAVE, ONLY OUTDOOR PLUMBING. EVERYTHING SEGREGATED. NO FUNDS FOR SCHOOLS. NO FUND FOR FIRE STATIONS. WHEN A HOUSE CAUGHT FIRE IT WOULD BURN DOWN. AND YOU HAVE PEOPLE LIVING IN THE BURNED OUT HOUSES. SO THE WHOLE SYSTEM OF DEVASTATION AND DETERIORATION CONTINUED. SO THEN IN THE 1950s, THE, THE GOVERNMENT SAID, OH, MY GOSH, LOOK HOW THESE BLACK PEOPLE LIVE. ISN'T IT JUST TERRIBLE. SO UNSANITIZED. LET US PUT MONEY IN THIS URBAN RENEWAL PROGRAM. TO REDEVELOP THE AREAS. SO WHAT DID THEY DO. THEY BROUGHT ALL OF THE MONEY THE GOVERNMENT MONEY INTO THE NEIGHBORHOODS. THEY SAID WE ARE GOING TO REDEVELOP IT. WHAT DID THEY DO? ALL THEY DID WAS THEY DISPLACED THE PEOPLE WHO

WERE LIVING THERE. AND THEY REBUILT IT --

AND THE PEOPLE WHO THEN, WERE BROUGHT INTO LIVE WITH THE
COIF RENT RACE AND CLASS OF PEOPLE. DIFFERENT RACE AND
CLASS OF PEOPLE. RIGHT. WHAT THEY DID WAS THEY PUSHED THE
PEOPLE THERE, INTO, INTO MORE SEGREGATED POVERTY AND
REBUILT THE AREAS. AND THIS IS EVERYWHERE. THIS WASN'T JUST
BALTIMORE CITY. THIS IS JUST A MAP OF BALTIMORE CITY, URBAN
RENEWAL AREAS. AND AGAIN IN THE LAST TEN YEARS, THE MAPS
ARE NOW AVAILABLE FROM THE DIFFERENT CITIES. WE CAN START
TO UNDERSTAND BETTER WHERE WE ARRIVED TODAY. BASICALLY WHAT
WE HAVE DONE IS BUILT SEPARATE AND UNEQUAL SOCIETIES,
RIGHT. CREATED BY I SAID THE PEOPLE IN POWER. THE
GOVERNMENT. THAT DISTRIBUTED RESOURCES INTO EVERY SECTOR OF
SOCIETY. WASN'T JUST HOUSING. IT WAS HELP, RECREATION.
TRANSPORTATION. SCHOOLING. EVERY SINGLE SECTOR BECAUSE
REMEMBER, EVERY SECTOR MAKES UP A COMMUNITY. RIGHT, A CITY.
SO, EVERY SECTOR WAS CONTROLLED AND DETERMINED BY THE
POLICIES OF THE GOVERNMENT. AND THAT WAS DETERMINED BY, THE
FUNDING, AND SO THEY, THIS SYSTEM, SYSTEMATIC
UNDERRESOURCING OF BLACK NEIGHBORHOODS AND A SYSTEMATIC,
OVERRESOURCING OF WHITE NEIGHBORHOODS. THAT HAS RESULTED IN
WHERE WE ARE TODAY. SO IT HAS BEEN, BEEN AN INTENTIONAL

CREATION, SO NOW WE ARE LIVING, THAT, RESULT, RIGHT, TODAY,
BUT NOBODY WANTS TO LOOK AT THE HISTORY. OF HOW WE GOT
HERE. NOW -- WHEN WE CONTINUE TO DO THIS, THIS IS WORK OF
MINDY FULLERLOVE. AS WE HAVE DONE THIS, CONTINUOUS, BASIC
DEVASTATION OF HOW WE BUILT COMMUNITIES. AND CONTINUE
DISPLACEMENT. RIGHT, WE HAVE GONE FROM -- PRE, PREURBAN
RENEWAL ERA, WHICH IS 1950s, WHERE, BLACK FAMILIES --
USED, SO, AFTER URBAN RENEWAL, EXCUSE ME, AFTER RED LINING
WHERE BLACK -- BLACK PEOPLE WERE CONCENTRATED, WHAT YOU HAD
IS EVERYBODY LIVING TOGETHER. SO, THE DOCTORS LIVE NEXT TO
THE, TO THE PERSON THAT IS AT THE TRAIN STATION, NEXT TO
THE, THE LAWYER, NEXT TO THE, THE, SCHOOL TEACHER, NEXT --
SO EVERYBODY WAS CONCENTRATED IN THE SAME NEIGHBORHOODS.
THERE WAS A WAY THAT PEOPLE LIVE TOGETHER, VERY -R, VERY
DIFFERENTLY. RIGHT. SO IF YOU TALK TO ELDERS, LIKE I'VE
BEEN DOING IN 30 YEARS, IN BALTIMORE CITY. PEOPLE WERE LIKE
I USED TO LEAVE MY DOOR OPEN AT NIGHT. NEVER A PROBLEM.
PEOPLE LOOKED OUT FOR EACH OTHER. HEAR THE STORY ABOUT,
YEAH, THE KID COMES FROM SCHOOL. AND, THEY DID SOMETHING
WRONG. THAT DAY. BY THE TIME THEY GOT TO THEIR HOUSE --
THEY GOT, MAYBE, FIVE SCOLDINGS -- IF JUST THAT. RIGHT?
BECAUSE IT WAS A -- IT WAS A COMMUNITY THAT WAS -- WAS

CONTAINED. PEOPLE KNEW EACH OTHER AND LOOKED AFTER EACH OTHER. WITH URBAN RENEWAL, DISPLACEMENT STARTED. THIS REBUILDING OF COMMUNITIES. PEOPLE WERE DISPLACED, ONE MINUTE, CALLED SERIAL FORCED DISPLACEMENT. AND EACH ONE OF THESE URBAN RENEWAL, THE --

THE URBAN RENEWAL, INDUSTRIALIZATION, PLANNED SHRINKAGE. GENTRIFICATION. HAD AN EFFECT ON THE COMMUNITY. EACH ONE RESULTED IN DISPLACEMENT OF, ENLARGED POPULATION. RIGHT, KIND OF THAT GENERATIONAL TRAUMA THAT WE ARE TALKING ABOUT. WE HAVE DIFFERENT WORDS FOR IT. AND, YOU WILL SEE A SLIDE AFTER THIS, CALLS IT --

SHE CALLS IT, ROOT SHOCK. RIGHT. SHE HAS BEEN DOING RESEARCH ON URBAN RENEWAL. AND EFFECTS ON COMMUNITIES. THIS IS A TRAUMATIC RESPONSE, OF LOSING ALL OR PART OF YOUR ECO SYSTEM. YOU KNOW, LIKE WHEN YOU, UPROOT A PLANT. AND, AND YOU REPLANT IT. SOME TIMES IT DOESN'T TAKE, RIGHT, SOME TIMES IT DIES. SOME TIMES IT GROWS VERY DIFFERENTLY. NEVER QUITE, RECOVERS. THE WEATHERING EFFECT. SHE TALKS ABOUT, THIS, REPEAT THE EXPOSURE TO THESE ADVERSITIES, POLITICAL MARGINALIZATION, RACISM. PERPETUAL DISCRIMINATION FOR PEOPLE WHO HAVE -- MULTIPLE INTERSECTIONS OF -- OF DISCRIMINATION, RACE, CLASS, GENDER. ABILITIES. ETC.

LANGUAGE. THESE ARE, DIFFERENT WAYS THAT PEOPLE --
IDENTIFYING. THAT THIS CONTINUED, IT WEATHERS YOU DOWN.
LIKE, PIECE OF LEATHER, IN THE SUN. YOU KNOW IT WEATHERS
IT, RIGHT. AND, MORE RECENTLY, THE TERM -- TRAUMA, OR, OR,
HISTORICAL MULTIGENERATIONAL TRAUMA AS WE USE, AGAIN, THIS
KIND OF -- TRAUMA THAT, THAT -- IS AFFECTING, A WHOLE
COMMUNITIES OF PEOPLE. THE SPECIFIC, CULTURAL, RACIAL,
ETHNIC GROUP. COLEMAN'S WORK, THAT STARTED US DOWN THIS --
THIS DISCUSSION. AND EVEN EARLIER. FREUD SPOKE ABOUT --
IN BOSTON WHEN THERE WAS, MAJOR DISPLACEMENT OF
COMMUNITIES. AGAIN, MAKING ROOM, GENTRIFICATION, MAKING
ROOM FOR WHATEVER -- BIGGER, DEVELOPMENT. UNIVERSITIES.
DEVELOPING THEMSELVES OUT. THAT THERE WAS A PSYCHOLOGICAL
TRAUMA. HE DID A WHOLE --
SET OF INTERVIEWS ON THE PEOPLE WHO ARE DISPLACED LISTENING
TO THEM WHAT HAPPENED TO YOU. HOW DO YOU FEEL. PEOPLE ARE
DEPRESSED
THEY HAD A HARD TIME RECOVERING. THIS WHOLE DEVELOPMENT AND
DISPLACEMENT, IT LEAVES A DISEASE IN OUR BODIES AND MINDS.
AND WHAT WE UNDERSTAND THE CAUSAL PATHWAY TO BE MEANING,
WHAT IS THE SIMILAR THING, THAT IS GOING ON, THAT IS
AFFECTING --

EVERYONE. IT IS STRESS. RIGHT, LONG TERM STRESS. THE FACT THAT WE GO THROUGH THE CYCLE. INDUSTRIALIZATION. PEOPLE LOST JOBS. FACTORIES CLOSED DOWN. A LOT OF THE FACTORY JOBS, ESPECIALLY IN CITIES LIKE BALTIMORE, BUT ALL THROUGH THE RUST BELT IN THE UNITED STATES. THOSE LOWER PAID JOBS WERE HELD BY BLACK PEOPLE AND BROWN PEOPLE. AND SO YOU SAW PEOPLE LOSING THEIR JOBS. AND THEY BECAME UN, THEY STABILIZED. AND THEY WERE, WERE THEN REMOVED THROUGH DISPLACEMENT AS THEIR NEIGHBORHOODS CHANGED. AND PLANNED SHRINKAGE. YOU MAY KNOW, FOLKS IN NEW YORK. THIS IS WHERE THE GOVERNMENT WHEN THEY'RE TRYING TO, REPLACE AND DISPLACE PEOPLE, BECAUSE THEY WANT THAT AREA. THEY CLOSE DOWN, SAY THE FIRE STATION. WHEN THERE IS A FIRE, THERE IS NO RESPONSE TO THE FIRE. HOUSE OR TWO OR THREE BURNS DOWN. THE NEIGHBORHOOD GOES INTO DECAY. YOU CAN GET THE PROPERTY FOR CHEAP. SO, THIS IS ALL -- THIS IS ALL REAL. THIS IS ALL RESEARCH. THIS ISN'T JUST, OH YOU THINK THIS HAPPENED. YOU THINK, WHAT I KEEP TRYING TO SAY. GOVERNMENT SANCTIONED, WAYS OF CONTINUED SEGREGATION. AND WEALTH BUILDING IN CERTAIN COMMUNITIES. AND THEN OF COURSE, GENTRIFICATION, ALL LEADING FROM COMMUNITIES OF CARE. COMMUNITIES OF, OF HIGH SOCIAL CAPITAL. MEANING WHERE, TAKE CARE OF EACH

OTHER. WE LOOK OUT FOR OUR NEIGHBORS. WE CARE WHEN SOMETHING HAPPENS. TO COMMUNITIES OF CONFUSION AND THEN COMMUNITIES OF DISORDER, AND, RIGHT NOW -- WHAT WE CALL, IN SOME COMMUNITIES LIKE IN BALTIMORE, PARTS OF BALTIMORE CITY WHAT WE CALL, NONSENSE COMMUNITIES. WHERE IT IS JUST A COLLECTION OF PEOPLE LIVING TOGETHER. WE DON'T HAVE THESE TIES ANY MORE. WE DON'T HAVE THESE BONDS ANY MORE. WHAT WE CALL, WE DON'T HAVE, SOCIAL CAPITAL ANY MORE. OKAY, I THINK WE NEED ONE OF THESE. SO, WHAT I WANT TO DO IS -- PAINT A PICTURE FOR YOU OF -- HOW, HOW, COMMUNITIES, THAT I JUST DESCRIBED, THAT HAVE BECOME MARGINALIZED, HOW THEY BECOME LIKE THAT. LIKE -- HOW DOES IT, HOW, WHAT DOES MARISELA MEAN WHEN SHE SAYS IT COMES THIS WAY. I WILL PAINT A PICTURE FOR YOU FROM A POPULATION LEVEL. I WANT TO JUST REMIND YOU OF THE 1930s, RED LINE MAP OF BALTIMORE CITY. SO THIS IS A RED LINE AREA. AND THEN I WANT TO SHOW YOU CURRENTLY WHAT WE CALL THE BLACK BUTTERFLY, AND THE WHITE L IN BALTIMORE CITY. WE ARE SO SEGREGATED WE CAN MARGINATE, THE AREA WHERE BLACK PEOPLE LIVE, AND YOU SEE THIS, 77% OF THE BLACK POPULATION IS IN THE BLACK BUTTERFLY. IMAGINE IN THE WINGS. AND THEN, THE -- THE MIDDLE LINE, WHAT WE CALL, THE WHITE L. COMES OUT LIKE

THIS. RIGHT. SO THIS IS WHERE A MAJORITY OF WHITE PEOPLE LIVE. MAYBE YOU WILL, YOU WILL FIND, 97, 98% OF WHITE PEOPLE IN THESE NEIGHBORHOODS. NO BLACK FOLK. AND SO -- THE RESEARCH ALSO SHOWS THAT --

ANYWHERE BETWEEN, 60%, 80% OF NEIGHBORHOODS THAT WERE RED LINED IN THE 30S ARE STILL, SUFFERING FROM THE EFFECT OF THAT MARGINALIZATION. WHAT DOES THAT MEAN, THEY'RE STILL UNDERRESOURCED. THERE ARE STILL COMMUNITIES LIKE EAST BALTIMORE. WHERE, WE HAVE MAJORITY POPULATIONS THAT ARE POOR. AND, THAT, THAT THE SYSTEMS ARE UNDERRESOURCED MEANS RECREATION, HOUSING, AND EDUCATION, TRANSPORTATION, ETC. SO, I WANT TO SHOW YOU --

WE ARE GOING TO GO THROUGH DIFFERENT POINTS OF -- OF GROWTH, OF A FAMILY. OR OF A KPAOUPB TEE. RIGHT, SO THIS IS --

THE LITTLE ARROW IS GOING TO KEEP US. THIS IS WHERE -- I AM DOING MOST OF MY WORK NOW IN, THE OLD TOWN AREA. AND MIDDLE EAST AREA WHERE I HAVE BEEN DOING WORK IN THE LAST 30 YEARS. AND SO, THIS IS A PERCENT OF -- WHERE THE MOTHER RECEIVED --

EARLY PRENATAL CARE. WHICH IS A GOOD THING, RIGHT. WE NEED FIRST TRIMESTER CARE TO MAKE SURE THE TRAJECTORY OF BIRTH

AND ACTUALLY --

HELP THROUGHOUT THE LIFE SPAN, CONTINUES. SO YOU CAN SEE THAT THE MAJORITY IS DARKER HERE. RIGHT, SO DARKER SHADE. COLOR. THAT, THAT --

THE HIGHEST PERCENTAGE OF, RECEIVING --

APPROPRIATE --

FIRST TRIMESTER CARE OCCURS IN THE WHITE L. SO THIS IS WHY YOU CAN JUST -- LOOK AT A MAP AND IT IS EASY ON THE POPULATION LEVEL, TO SEE, THIS TRAJECTORY. PRENATAL, ALREADY. WE ARE UNDERRESOURCED IN THE BLACK COMMUNITIES.

LOOK AT THE BLACK -- BLACK BUTTERFLY, RIGHT. SO, WHITE NEIGHBORHOODS. WE GET, GOOD PRENATAL CARE. BLACK

NEIGHBORHOODS, NOT SO GREAT, RIGHT. OKAY. SO, NOW --

A PERSON IS BORN INTO THESE NEIGHBORHOODS. WHAT IS THEIR EXPECTED, WHAT IS THE EXPECTED LIFE SPAN. SO WE CALL THAT THE LIFE EXPECTANCY. HOW MANY YEARS CAN YOU EXPECT TO LIVE.

SO, I WANT YOU TO LOOK AT THE BLACK BUTTERFLY. SO HERE -- THIS IS, THIS IS WHERE YOU CAN EXPECT TO LIVE -- 65 TO 68 YEARS OLD. RIGHT. BUT IN THE WHITE L --

MORE OR LESS, RIGHT. YOU CAN EXPECT TO LIVE LONGER. UP TO 85. SO YOU CAN SEE -- UP TO, A TIMES -- BETWEEN, 65 TO 85, A 20-YEAR LIFE EXPECTANCY DEPENDING ON YOUR ZIP CODE.

RIGHT. ABOUT, FIVE, SIX YEARS AGO, WE STARTED NOTICING THIS.
WE STARTED TALKING ABOUT THE ZIP CODE YOU ARE BORN IN.
DETERMINES HOW LONG YOU GET TO LIVE. THAT'S REALLY MISSED
UP, RIGHT. LIKE WE SHOULDN'T, BE ABLE TO DO THAT,
CATEGORIZE LIKE THAT. SO NOW WE COME INTO THE MORTALITY, SO
WHEN --

BETWEEN --

DYING, FROM, FROM, AT THE AGE OF 25 TO 44. WHERE DO WE SEE
THAT HAPPENING? RIGHT, SO --

THE HIGHEST RATE OF DEATH --

BETWEEN THE AGES OF 25 AND 44 HAPPENS IN THE BLACK
BUTTERFLY. RIGHT. 48% TO 50% OF THE POPULATION, RIGHT. YOU
ARE TALKING ABOUT HALF OF THE POPULATION. CAN EXPECT
MORTALITY BETWEEN, 25 AND 44. WHEREAS IN THE WHITE L, YOU
DON'T SEE THAT, KIND OF EXPECTATION OF DEATH, AT SUCH AN
EARLY AGE. OKAY. SO ON THE RIGHT --

WHAT WE SEE -- OOPS. ON THE RIGHT, THE PERCENT OF THE
POPULATION --

A 25-PLUS WITH, LESS THAN THE HIGH SCHOOL DIPLOMA. SO LESS
THAN HIGH SCHOOL DIPLOMA. OR GED, SO WHERE IS THAT SHOWING
UP? THAT IS SHOWING UP AT THE HIGHEST PERCENTAGE OF THE
BLACK BUTTERFLY. RIGHT, THE DARKER SHADE. RIGHT. SO YOU SEE

THE TRAJECTORY, RIGHT. PRENATAL. LIFE EXPECTANCY. RIGHT, AS WE CONTINUE TO, THROUGH THIS TRAJECTORY. NOW THE KIDS HAVE GROWN. NOW THEY'RE GOING TO SCHOOL. WHAT PERCENTAGE AS A POPULATION, ARE FINISHING HIGH SCHOOL, GETTING A GED, RIGHT? IN THE BLACK BUTTERFLY, 26 TO 33%. ONE OUT OF THREE. IF YOU HAVE A POPULATION. WHERE ONE OUT OF THE THREE OF THE PEOPLE. ARE NOT FINISHING HIGH SCHOOL. TELLS YOU THE POPULATION WE ARE BUILDING, RIGHT. OKAY. THEN, THEN, LET'S LOOK AT -- ON THE RIGHT. THE PERCENT OF POPULATION WITH A BACHELOR'S DEGREE. RIGHT. 25 AND OLDER. WHERE IS THE HIGHEST PERCENTAGE IN THE WHITE L, RIGHT. IN THE WHITE L, YOU SEE --

82% OF THE POPULATION HAVING A BACHELOR'S DEGREE. YOU LOOK AT THE BLACK BUTTERFLY, YOU SEE NOT HAVING THE HIGH PERCENTAGE. LOOK ANYWHERE FROM, 5%, HAVING A BACHELOR'S DEGREE. TO 23% IF WE ARE LUCKY IN THE BLACK BUTTERFLY AREAS, RIGHT. WE ARE BUILDING OUT THE COMMUNITY, RIGHT. THIS IS A GOOD TIME TO HAVE SOME TEA. THEN IT GOES ON. SO YOU DON'T GET AN EDUCATION. HOW ARE YOU GOING TO GET EMPLOYED. WHATS YOUR MONEY. OKAY, THE LEFT SLIDE ON THE LEFT. ITS THE PERCENT OF THE POPULATION. 16 TO 64, WHO ARE EMPLOYED. WHEREBY DO WE SEE OUR HIGHEST EMPLOYMENT. WHITE

L. WHERE DO WE SEE THE LOWEST EMPLOYMENT. RIGHT. IN THE BLACK BUTTERFLY. ONE OUT OF TWO. RIGHT. 51%. ONE OUT OF TWO PEOPLE ARE NOT EMPLOYED. BETWEEN THESE AGES. ON THE RIGHT, PERCENT OF HOUSEHOLDS EARNING LESS THAN \$25K WHERE IS THAT HAPPENING. WHERE IS THE HIGHEST CONCENTRATION OF THAT.

WELL, WE SEE -- 50, UP TO 57%, ONE OUT OF TWO PEOPLE, ARE, EARNING LESS THAN, \$25,000. SO WE CONTINUE, RIGHT. DON'T FINISH SCHOOL. DON'T HAVE A BACHELOR'S DEGREE. DON'T HAVE A GED, HIGH SCHOOL. EARNING LITTLE WAGE IF YOU ARE EMPLOYED. AND THEN, EARNING LITTLE WAGE IF YOU ARE EMPLOYED. AT ALL. RIGHT. ONE OUT OF TWO PEOPLE, NOT, COULD NOT BE, RIGHT, SO WE SEE --

HOW IT CONTINUES. WHY IS THERE ALL OF THIS VIOLENCE. WHY ALL OF THESE SHOOTINGS, RIGHT. BECAUSE WE ONLY SEE THAT ON THE TV. AROUND A, BLACK FACE, BROWN FACE, AND THEY'RE THE ONES ARRESTED. IF YOU LOOK AT THE TRAJECTORY. YOU CAN SEE WHY. IT BEARS OUT TRUE, RIGHT. WHERE IS THE NUMBER OF SHOOTING CALLS FOR SERVICE PER 1,000 RESIDENTS. SO WHERE, WHERE ARE THE NUMBERS, HIGHEST? IN THE BLACK BUTTERFLY. RIGHT. WE ARE NOT PATHOLOGIZING, I HOPE THAT'S NOT WHAT YOU ARE LEAVING HERE WITH TONIGHT. I HOPE YOU SHARE WE HAVE A DEEPER UNDERSTANDING OF WHY THE THINGS ARE THE WAY THEY

ARE, RIGHT. WHO IS THE HIGHEST NUMBER OF ADULT ARRESTS. IN THE BLACK BUTTERFLY AGAIN. LESS IN THE WHITE L. WE LOOK TO SAY, YOU KNOW, WEB POPULATIONS THEY'RE SO NICE AND EVERYTHING. THEY HAVE AWFUL THE THINGS. NOBODY IS GOING TO JAIL. ETC. THEN WE LOOK TO PATHOLOGIZE, WE DENT WANT TO LOOK AT HOW COME IT'S LIKE THAT. THAT'S OUR PRACTICE IS TO LOOK DEEPLY IN EVERY MOMENT. WHY SOMETHING -- IS THE WAY IT IS. WHAT IS THE ROOT CAUSE? INVESTIGATION, LOOKING DEEPLY. AND THE LAST TWO IS TO JUST CONTINUE WITH, AS FAR AS, VACANT, ABANDONED HOUSES. LET'S LOOK AT THIS, RIGHT. THIS GRAPH HERE. WARE IS THE HIGHEST PERCENTAGE OF, VACANT, ABANDONED HOUSES. IN THE BLACK BUTTERFLY. WHY IS THAT? REMEMBER. IF YOU DON'T FINISH SCHOOL, YOU DON'T GET AN EDUCATION. AND THERE IS UNDEREMPLOYMENT, RIGHT. AND THE WAGES ARE LOW, ARE YOU GOING TO BE ABLE TO OWN YOUR PROPERTY. AND IF YOU UH TO, WHEN YOU HAVE THINGS LIKE THE, FORECLOSURE CRISIS, THINGS GO SOUTH VERY QUICKLY. OR GO BAD VERY QUICKLY. I SHOULD NOT SAY SOUTH, WE ARE A GLOBAL SOUTH, AREN'T WE. THIS SPEAKS TO WHAT HAPPENED, AS FAR AS GENTRIFICATION. THE LAND OWNERS, PROMPT OWNERS AREN'T LETTING, PEOPLE WITH HOUSING VOUCHERS AND CITY AREA HAS BECOME THE COOL PLACE FOR, PROFESSIONAL CLASS, PEOPLE. TO SHOW UP AND LIVE.

PEOPLE WANT TO WALK TO THEIR CAFES. PEOPLE WANT TO GO TO THE GYM. YOGA STUDIO. ETC. ALL THINGS I LIKE TO DO BY THE WAY. SO WHAT IS HAPPENING IN ORDER TO, ALLOW PEOPLE TO COME BACK INTO THIS AREA. HOUSING VOUCHERS WHICH IS SUPPLEMENTAL VOUCHERS FOR PEOPLE WITH A CERTAIN INCOME ARE NOT BEING ACCEPTED IN THIS INNER CORE. WHAT WE ARE GOING TO SEE IN THE NEXT, FIVE, TEN YEARS IS A COMPLETELY DIFFERENT WAY THAT THESE MAPS WILL SHOW UP. THIS AREA IS GOING TO BECOME WHITE AGAIN, PROFESSIONAL CLASS AGAIN, BECAUSE NOW WHITE PEOPLE WANT -- BEFORE THEY FLED IT. BUT NOW THEY WANT IT. AND SO, WHATEVER, WHO HAS THE POWER, WHO HAVE THE MONEY WILL GET IT. YEAH. SO I LIKE THIS --

WELL I DON'T LIKE IT. BUT I LIKE --

THE MESSAGE. IT SPEAKS FOR ME. WHAT IS SAID, I AM LIKE THIS BECAUSE YOU ARE LIKE THAT. YEAH. SO I AM GOING TO CLOSE HERE SOON BECAUSE I HAVE SHOWN YOU THE HISTORY. AND, AND I DON'T HAVE TIME TO -- TO SPEAK --

MORE, ABOUT --

THE WAY WE MOVE OUT OF THIS. MAYBE THAT WILL COME IN SOME OF THE QUESTIONS. BUT THE REMAINING SLIDES ARE REALLY TO TALK ABOUT THAT PARTICULARLY ABOUT, VOLAR, VILLAGE OF LOVE AND RESISTANCE, HOW WE ARE ACTING OUT FROM THIS HISTORY TO

CHANGE IT. BUT WHAT WE DO UNDERSTAND IS THAT --

FRAGMENTED COMMUNITIES HAVE LITTLE POWER. AND THOSE ARE THE
KIND OF COMMUNITIES THAT ARE THE HISTORY OF THIS, OF WHAT I
JUST SPOKE ABOUT. AND THAT UNTIL WE, START TO, RECONNECT
THE BONDS AND TO HEAL. WE WON'T BE ABLE TO REALLY HEAL OUR
STRUCTURES AND OUR COMMUNITIES IN ANY WAY THAT'S BENEFICIAL
TO THOSE LIVING THERE. AND THAT ALSO MEANS --

THE PEOPLE IN COMMUNITIES --

MAKING DECISIONS, NOT, NOT PEOPLE COMING IN, THINKING THEY
KNOW HOW TO SAVE A COMMUNITY. IT REALLY HAS TO BE IN
PARTNERSHIP, EVERY, EVERY SPECIAL, PEOPLE HAVE LIVED
THROUGH THE CRIME AND GRIME AS WE SAY. THESE ARE THE PEOPLE
WHO NEED TO BE INVOLVED. IN, HOW WE DO --

CHANGE OUR COMMUNITIES. SO --

SO I AM GOING TO MOVE THROUGH THIS, AND JUST CLOSE --

WITH THIS, WITH THIS ONE SLIDE. THAT I FIND TO BE --

VERY BEAUTIFUL. THERE ARE MANY BEAUTIFUL ONES. IT IS THIS
ONE. AND -- I JUST TOOK THIS, ACTUALLY, TWO DAYS AGO. SO
WHAT YOU SEE HERE IS THE SUN. AND THEN YOU SEE --

THIS -- REFLECTION IN THE WATER. AND, I DIDN'T LOOK AT
ANOTHER ONE. IF SOME ONE WAS TO JUST, YOU SEE THIS
REFLECTION, RIGHT, A VERY CLEAR --

THERE IS NO WAVES IN THE WATER. YOU SEE THE REFLECTION OF
THE PIER, AND THE PIER OUT HERE. BUT IF SOME ONE ONLY
LOOKED AT -- IF SOME ONE DIDN'T SEE THE SUN, THEY ONLY
LOOKED, BECAUSE THAT'S WHAT I FOUND MYSELF, ACTUALLY, MY
POINT WAS I WAS STARING AT THE WATER. AND --
I ONLY SAW -- THE, THE REFLECTION HERE. AND --
THIS, ILLUSION OF SEPARATION --
THIS IS WHAT CAME TO MIND FOR ME. WAS --
WE THINK WE ARE SEPARATE. SO, SOME ONE MIGHT THINK THAT
THERE IS A, SUN UP HERE AND SUN HERE IN THE WATER. SO IT IS
AN ILLUSION, RIGHT. SOME ONE MAY THINK THAT THERE IS A PIER
HERE -- SOME WEIRD, UPSIDE DOWN PIER HERE, ONE HERE. AND,
SO THIS -- THIS, IDEA, THAT THERE IS, THERE IS, WE ARE NOT
TOGETHER. WE ARE NOT ONE. AND, HOW WE HAVE LIVED THAT OUT.
SO, WHEN I LOOK AT THIS. I THOUGHT THIS IS WHAT WE DO. WE
SEE TWO SUN SHINES. WE SEE -- TWO SUNS. AND WE, WE THINK
THERE REALLY IS TWO. REALLY --
IT'S JUST ONE. WHEN WE START TO SEE EACH OTHER, AS A
REFLECTION OF EACH OTHER. THAT'S WHEN WE EMERGE. FROM THIS,
UNTIL WE ARE ABLE TO DO THAT. I THINK WE ARE REALLY STUCK.
SO I CLOSE WITH THIS. BECAUSE I REALLY INVITE US. TO
EMERGE. NEXT TIME YOU SEE THE REFLECTIONS. THINK ABOUT

HOW --

EVERYONE IS A REFLECTION -- THE PERSON LIVING IN COMMUNITIES. NOTHING LIKE THIS. PEOPLE IN TURKEY RIGHT NOW THEY ARE ALSO A REFLECTION. THIS IS WHERE I THINK WE ARE HEADED. NEED TO HEAD. THANK YOU FOR YOUR TIME.

>> THANK YOU, SO MUCH, DR. MARISELA GOMEZ, FOR THIS BEAUTIFUL PRESENTATION AND THE BREATHING. APPRECIATE THAT A LOT. SO, WE HAVE A FEW MINUTES. DOES ANY ONE HAVE ANY QUESTIONS THAT THEY WOULD LOOK TO ASK? THAT THEY WOULD LIKE TO ASK? ADRIANA, DO YOU WANT TO SAY WHAT YOU WERE JUST THINKING?

>> Adriana Arizpe Martin: YES, SURE. I DON'T KNOW, DR. MARISELA GOMEZ SORRY FOR THESE ASKING TO YOU HERE, AND, FEEL FREE TO, ANSWER WHATEVER YOU, YOU FEEL, BUT WE CAN SET UP MAYBE ANOTHER SESSION FOR NEXT MONTH. TO CONTINUE WITH THIS. BECAUSE, THE SECOND PART OF YOUR PRESENTATION, I THINK IT IS MOST IMPORTANT PART. AND NOT THE MOST IMPORTANT PART, BUT IT IS THE PART WE REALLY NEED TO HEAR, THE SOLUTIONS, HOW CAN WE -- PARTICIPATE IN EVERYTHING. I KNOW IF YOU AGREE. MAYBE WE CAN, LATER, COME WITH A DATE, BUT MAYBE -- I THINK IT IS A GOOD IDEA TO HAVE A SECOND SESSION.

>> YES. I AGREE. IT IS THE EMERGENCE, AND --

AND WHAT I CANNOT DO IN GOOD FAITH AND ETHIC IS TO -- TO
PRETEND THAT WE CAN MERGE INTO IT, INTO THE, THE ILLUSION.
AND EMERGE FROM IT WITHOUT TALKING ABOUT HOW WE GOT HERE.
THAT'S USUALLY WHAT WE MISS. WE WANT TO JUMP. YOU KNOW, WE
ARE LIKE, WHY DO WE NEED TO HAVE BIPOC, LET'S SIT TOGETHER
BECAUSE WE ALL LOVE EACH OTHER. BUT, WITHOUT TAKING CARE,
AND LOOKING AT, DIFFICULT HISTORY, THERE IS NO WAY WE CAN
MOVE INTO --

TO MENDING IT. WHAT ARE WE MENDING? WE THINK NOTHING IS
THERE. SO, I APOLOGIZE THAT, THAT WE --
WE ONLY GOT --

I WOULD BE DOING A DISSERVICE TO MY HEART. AND TO YOU. IF I
JUST, JUMPED AND SAY, LET'S JUST EMERGE AND BE HAPPY
TOGETHER.

>> ABSOLUTELY. NO, WE COMPLETELY, I KNOW, THAT'S WHY WE ARE
ASKING THIS. AND I THINK, ALSO WE WILL HAVE -- MORE TIME TO
REFLECT ON THIS, IT IS REALLY IMPORTANT. AND MAYBE, SHARE
MORE RESOURCES, ABOUT WHAT WE JUST SAW. SO NEXT, NEXT
SESSION. WE WILL HAVE A LITTLE MORE -- CONTEXT ABOUT WHY.
HOW WE GOT HERE. PLEASE, PLEASE, WE CAN, WE CAN -- LATER,
CONTINUE WITH THIS. AND SET UP, THE DATE. WE WILL GO WITH

SOME QUESTIONS, I THINK, ANNIE.

>> IT LOOKS LIKE, THANK YOU. IT LOOKS LIKE THERE IS A QUESTION ABOUT, DOES VOLAR INTERRUPT GENTRIFICATION? AND MAYBE YOU CAN JUST SPEAK TO A LITTLE BIT ABOUT, WHAT VOLAR DOES, THAT COULD BE A, MAYBE OUR FINAL THING THERE. I HAVE SOME MORE QUESTIONS, MOSTLY COMMENTS. SO, ANNIE BOWING OUT.

>> Dr. Marisela Gomez: THANK YOU. YES. VOLAR IS ABOUT -- SO, VOLAR MEANS VILLAGE OF LOVE AND RESISTANCE. AND, OUR MISSION IS TO, TO PROCREATE COMMUNITY LED BY BLACK AND BROWN PEOPLE AFFECTED BY, THIS HISTORY. AND TO, REBUILD, THROUGH HEALING, THROUGH, THROUGH, POWER AND THROUGH LAND. AND WE ARE MOVING THROUGH THIS WORD, WE USED TO SAY, LAND RECLAMATION, NOW WE ARE TALKING ABOUT LAND PARTNERSHIP, BECAUSE RECLAMATION IS STILL THIS KIND OF -- OWNERSHIP OF LAND. REALLY, WE SHOULD BE IN PARTNERSHIP WITH LAND. EVEN STEWARDSHIP IS ACTUALLY, A LITTLE BIT -- STILL HIERARCHICAL. PARTNERSHIP, SHARE WITH LAND. THE RESOURCES THEY HAVE. AND THE RESOURCES THAT WE HAVE. RIGHT. SO, THAT'S WHO VOLAR IS. AND YES, AS YOU COULD SEE, THE REMAINDER OF AWFUL THE SLIDES WAS, -- OF ALL OF THE SLIDES WAS ABOUT VOLAR, AND HOW WE SHOW UP. AND WE ARE ABOUT INTERRUPTING GENTRIFICATION FROM A PLACE OF HEALING.

BECAUSE, IT'S ABOUT WHAT I AM SAYING. IT IS ABOUT THE PEACE INSIDE. IF, WE ARE NOT HEALED PEOPLE, WE ARE LIKELY TO CAUSE HARM. WE ARE LIKELY TO CALL EVERYBODY THE ENEMY. AND NOT SEE THAT THE ENEMY IS GREED AND HATRED AND DILUTION. RIGHT? AND SO THAT'S NICE -- IN, IN, PRACTICE, SPIRITUAL SPACE. AND ALSO, NICE IN REAL -- IN THE PUBLIC SPACE, OF JUSTICE WORK. THAT'S WHY THEY'RE NOT -- SEPARATE. THEY'RE REALLY NOT SEPARATE. BECAUSE, IF WE ARE GOING TO REALLY DO THE WORK, OF HEALING, AND, AND, STOPPING THIS INJUSTICE OF LAND -- AND THE WAY WE DO AND DEVELOPMENT, IT REQUIRES US TO REALLY -- HEAL THE TRAUMA FROM THE UNEVEN DEVELOPMENT. WE HAVE TO, YOU KNOW, SO WE DO -- COMMUNITY WELLNESS DAYS WHERE WE DO, ACUPUNCTURE, YOGA, BREATHING. BECAUSE WE REALIZE, THAT -- THAT'S NECESSARY. YEAH.

>> Annie Mahon: THANK YOU. MAYBE WE COULD TAKE ONE QUESTION FROM KAREN. AND --

AND THEN WRAP UP. PERHAPS. KAREN, DID YOU WANT TO COME.

>> YES, HI, EVERYONE. THANK YOU SO MUCH. MARISELA. YOU KNOW, THINKING AHEAD, I AM JUST WONDERING IF THERE IS -- THERE IS SOME, RESOURCES THAT YOU COULD POINT US TO. IN PREPARATION FOR OUR TIME TOGETHER, THE NEXT TIME. WHEN WE,

WHEN WE ARE --

GOING TO, GOING TO FIGURE OUT WHAT WE ARE TO DO WITH THIS.
THIS REALITY. AND HISTORY.

>> Annie Mahon: THANK YOU, KAREN. ONE THING WE HAVE A SPACE
ON THE MAKING-VISIBLE PAGE WHERE WE CAN PUT RESOURCES FOR
THIS TOPIC. AND IF WE GET -- OTHER WONDER, FROM MARISELA,
WE CAN PUT THEM THERE. ANNIE BOWING OUT.

>> Adriana Arizpe Martin: THERE ARE RESOURCES THERE IF YOU
GO NOW. WE WILL HAVE MORE FROM MARISELA AND MORE. THANK
YOU.

>> Dr. Marisela Gomez: MARISELA BOWING IN. I PUT THE CHAT
IN OUR WEBSITE.

AND I ALSO WANT TO SAY, THAT SEVERAL PEOPLE IN HERE,
TONIGHT, HAVE ALREADY BEEN SUPPORTING VOLAR IN, MEANINGFUL
WAYS. WITH DIFFERENT, KINDS OF RESOURCES. AND, AND --
THAT'S REALLY WONDERFUL. BECAUSE --

I THINK THAT'S, THAT'S THE, THE WISDOM OF SEEING THAT --
PRACTICE IS NOT SEPARATE FROM OUR WORK, OR ACTIVISM WORK
AND JUSTICE WORK. SO, I THINK --

THE PREPARATION IS -- IS, IS --

MAYBE, AS WELL, OTHER FOLK WISE ARE HERE --

TO SAY WHY YOU SUPPORT VOLAR, AND WHY YOU, THINK THE WORK

OF VOLAR IS IMPORTANT. AND SO IT REALLY IS A COLLECTIVE
CONVERSATION. BECAUSE WE ALL HAVE SOMETHING --
TO SHARE. RIGHT, WE ALL HAVE, WE ALL DO IT IN OUR WAY.
RIGHT. ? YOU KNOW, THE MINDFULNESS PRACTICE SAYS -- AM I
AWARE OF WHAT I AM THINKING IN THIS MOMENT. RIGHT. IF I AM
THINKING SOMETHING THAT IS TRYING TO PENALIZE THE UNEVEN
DEVELOPERS, FROM, FROM THE 1930s, WHO CAME ABOUT WITH THIS
RED LINING PLAN, IT'S NOT GOING TO WORK. I MEAN -- YEAH, I
GUESS WE COULD PUNISH ALL OF THE PEOPLE WHO, WHO LED THIS,
WHOLE HISTORY. AND YET, IT'S, IT'S, MY THOUGHT IN THAT
MOMENT --

AM I TRYING TO PENALIZE THEM OR IS MY THOUGHT ABOUT --
MAYBE, FINDING TRUE HAPPINESS. SO THEY DON'T KEEP DOING THE
NONSENSE THAT THEY'RE DOING. AND THEIR KIDS DON'T DO THE
NONSENSE THAT THEY'RE DOING. AND CONTINUE WITH BIG TRUST
FUNDS THAT GENTRIFICATION COMMUNITIES, BUILD DOUBLE DIGIT
AND TRIPLE DIGIT PROFIT OFF THE BACKS OF BLACK AND BROWN
PEOPLE. WE WANT TO WISH THEM WELL. WE WANT TO WISH THEM
THROUGH HAPPINESS. WE WANT TO WISH THEM LIKE, WISDOM AND
ENLIGHTENMENT. SO THEY QUIT MESSING AROUND WITH FOLK.
RIGHT. AND, IT'S THAT SIMPLE. THAT SIMPLE. SO WE ALL HAVE
SOMETHING, EVEN IF I JUST SIT ON MY CUSHION. AND WISH

EVERY --

EVERY RICH PERSON WHO IS -- EXPLOITING PEOPLE, WELL, THAT THEY MAY WAKE UP TO THAT. I AM DOING SOMETHING -- TO SHIFT WHAT IS GOING ON. NOT JUST THE LAWS AND POLICY THAT CHANGE THE PROCESSES, IT IS PEOPLE'S HEARTS AND MINDS. THEN WE GO FROM THERE. INTO, LIKE -- EACH ONE OF YOU. I WANT YOU TO THINK ABOUT THIS. IF YOU COME BACK TO THE NEXT SESSION. LIKE WHAT ARE YOU GOING TO DO? I CAN TELL YOU WHAT, VOLAR IS DOING. WHAT I HAVE BEEN DOING. THAT'S ME. WHAT ARE YOU ALL GOING TO DO? WHAT ARE WE GOING TO DO TOGETHER? IT'S THE SAME THING I WAS SAYING AT THE TOP -- OF THIS, WE KEEP SAYING THAT WE WANT SOMETHING DIFFERENT. WE KEEP ACTING THE SAME. WE EXPECT TO SEE SOMETHING DIFFERENT. THAT'S CALLED CRAZY MAKING IN PSYCHOLOGY, PSYCHIATRY. IF WE WANT TO KEEP DOING CRAZY MAKING. TALK NICE. DUPE THE SAME THING THAT WE HAVE BEEN DOING. DO THE SAME THING THAT WE HAVE BEEN DOING. EXPECT SOMETHING DIFFERENT. MY INVITATION TO YOU IS TO THINK DEEP AND HARD, HOW ARE YOU GOING TO, THICH NHAT HANH SAYS, WHEN YOU SEE SOMETHING THAT NEEDS TO BE DONE, SEEING, WHAT ARE YOU SEEING FOR? IF YOU SEE YOU HAVE GOT TO ACT. SO, HOW ARE WE GOING TO ACT TOGETHER, COLLECTIVELY? IT COULD LOOK VERY

DIFFERENT. AND IT COULD LOOK, VERY SIMILAR. SO --
I PUT, IT BACK ON YOU. YOU KNOW? TO FIGURE IT OUT WITH ME.
SO WE CAN DO IT TOGETHER. THANK YOU.

>> DEAR FRIENDS ARE WE READY FOR THE FINAL BELL? ADRIANA,
MARISELA? YES. OKAY. WE'LL HAVE A FINAL BELL.

SO FROM THIS --

THIS EVENING TOGETHER --

MAY, MAY WE HAVE TAKEN IN SOMETHING THAT CAN CHANGE OUR
HEARTS AND OUR ACTIONS AND MAY OUR PRACTICE TOGETHER FLOW
OUT INTO THE WORLD IN WAYS SMALL AND LARGE THAT CAN HEAL
THAT SEPARATION AND BRING PEACE AND EASE AND JUSTICE AND
FREEDOM TO EVERY SINGLE BEING.

(BELL TOLLS)

(BELL TOLLS)

>> (BELL TOLLS)

>> RECORDING STOPPED.

>> THANK YOU, EVERYONE FOR BEING HERE. MARISELA, ESPECIALLY
YOU FOR OPENING OUR EYES. TO, TO, THE --

GIVE OF THE SPACE TO THINK AND COME BACK WITH SOME
SOLUTION. NOT SOLUTIONS, BUT SOME -- GOALS. I WOULD SAY. I

DON'T KNOW. IN ENGLISH, BUT --

SOMETHING, SOMETHING FOR NEXT TIME. THAT WE CAN DO. THANK YOU SO MUCH, EVERYONE.

>> THANK YOU, DON, FOR OUR CAPTIONING. THANK YOU, RACHEL, FOR, FOR OUR MARKETING. AND THANK YOU, EVERYONE, EVERY ONE OF YOU FOR BEING HERE, WITHOUT YOU BEING HERE, WE COULDN'T BE HERE. SO, REALLY APPRECIATE IT. SO, IT FEELS, MOVING TO SEE SO MANY PEOPLE CARE ABOUT THIS TOPIC.

>> YEAH.

>> THANK YOU, MARISELA, HAVE A WONDERFUL EVENING. SLEEP WELL.

>> Adriana Arizpe Martin: GO TO MAKING-VISIBLE TO SEE WHAT RESOURCES WE CAN SHARE FOR NEXT TIME. SO YOU WILL FIND THEM THERE. GIVE YOU SOME BASE. AND WE CAN REACH OUT TO MARISELA, YOU WILL SEE WHATEVER WE CAN SHARE THERE. THANK YOU.